After graduating from Central School of Ballet, Chisato joined Netherlands Dans Theater 2 where she performed works by Jiri Kylian, Hans van Manen, Johan Inger, Paul Lightfoot, Gideon Obarzanek and many others.

She continued to become a member of Batsheva Dance Company performing many works of Ohad Naharin and other choreographers including John Jasperse, William Forsythe, Mats Ek and Sharon Eyal. She then joined Karas Company of Saburo Teshigawara for two creations and tours of other repertory.

Chisato returned to London and has been teaching Gaga since 2005. She teaches regular Professional classes in London and has taught company class for Akram Khan Company, Hofesh Shechter Company, Punch Drunk, Stopgap, Clod Ensemble, New Adventures, Lost Dog and others.

Chisato is currently a member of faculty at the London Contemporary Dance School.